

# Robert Thirsk Volleyball Season Underway

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The RTHS volleyball season is underway, and began with the annual “Fall Classic Tournament”, on September 10th.

## Sr. Boys Volleyball: Luke H.

RTHS interviewed Luke H, a senior volleyball athlete. He’s savoring his last year of High School. Before a game Luke enjoys “a Dairy Queen \$8 meal” as every player



Luke H. Gr 12 Sr. Volleyball Player

needs their nutrition. Volleyball games can get intense and often nerve-racking, Luke copes with this feeling through self-talk, telling himself that everything will be okay

and cracking jokes. When asked about his greatest “ick factor” Luke said, “when someone gets all geared up and ready to play but gets put on the bench for the entire game,” which makes so much sense, who wants to sit on the bench all day anyways? Luke had 100% confidence Thirsk would win their Fall Classic game but unfortunately we lost. But we have the regular season, and tournaments to look forward to.

## Jr. Boys Volleyball: Will R.

Will R, a Grade 10 student, on the RTHS Junior Boys Volleyball, states that “teamwork is what’s going to win a game, with good teamwork, you can be a better team even if you’re playing against a team with better players.” He says “When you have a leader on your team that can take control of a game, or lead your team to become better it changes the course of the game, everyone will follow them and know what’s going on.” Will first “fell in love with volleyball” when he started playing in Grade 7, and he has continued to play ever since. In his opinion, “It’s a hot take but I believe that middle is the best position, you only get to play front row, you get to block all the hits, and you get to hit--very fun hits.” Will voices “Coach Maddy is always pushing the team to be better, harder, and is very experienced, and continues to push them to be better in every aspect.” The Junior Boys RTHS team didn’t end up winning against Earnest Manning, but the teammates still showed compassion and support to each other.



Will R. Gr 10 Jr Volleyball Player

## Sr. Girls Volleyball: Kyra M.

The Sr. Girls team is well into their season practice and preparation. RTHS asked "How confident are you that you'll win the game?" Kyra M. a Sr. in her third year on the team, says "If we try our best and have a positive mindset the game could go either way." She believes that "If the



*Kyra M. Sr. Girls Volleyball*

team gives it their all, they will be able to enjoy themselves and have a chance to win." When asked what the hardest thing about volleyball is, she responded, "I think that

it's mentally draining, and you have to just shake it off and just hope for the best."

Kyra is thrilled to get started on the much-awaited volleyball matches. Her favorite aspect of competition is the adrenaline rush that follows a point against the opposition.

## Jr. Girls Volleyball: Courtney D.

Courtney told RTHS that "We have practice every day so it's a lot, but we haven't started games yet but two-hour practices, you know." Although the daily, physically draining practices are hard, Courtney. D prioritizes mental preparation and teamwork. "Practice, and making sure they're not getting in our heads." This is how she prepares to face intimidating opponents. "You can't be good every time. Just make sure you're breathing and in the end, it will work out for you"

Teamwork promotes harmony and balance in playing styles. "For a good teammate, I think someone who is understanding and determined, and using



their powers for good, so if they're good at the sport they will help lift their other teammates." Courtney's "biggest ick"

in volleyball is when a girl gets discouraged when she makes a mistake. She believes that to play well, teammates need to uplift and support each other. Her biggest motivation is her Dad. "I wanna play good for him so I remember him when I'm playing" He is the one who got her into volleyball, and her biggest motivation.

Volleyball season runs until the second week of November. Check the school Instagram for game times and come on out to cheer on the RTHS Comets.

