



RTHS Athletics

Offered 2024-2025



Fall Sports

Cross Country

Girls Soccer

Football

Junior and Senior Girls

Volleyball

Junior and Senior Boys

Volleyball

Swim



Winter Sports

Wrestling

Badminton

Curling

Junior and Senior

Girls Basketball

Junior and Senior

Boys Basketball



Spring Sports

Boys Rugby

Girls Rugby

Girls Field Hockey

Boys Soccer

Track and Field



RTHS Athletics

Offered 2024-2025

*What you need to
know for the first
week*



Cross Country

- September 3rd @ 3:15pm – Meet & greet/easy run
- September 4th, 5th & 6th @ 3:15pm

All practices meet by the rocks on west soccer field.



Cross-Country has high participation rates and welcomes ALL students. Our athletes consistently perform well and we send athletes to the provincial cross country championships every year. If you're a student that enjoys a challenge, is looking for an outdoor sport and wants to improve your fitness, this is the sport for you.

Please email Paige LaRoche (pclaroche@cbe.ab.ca) with any specific questions regarding cross country.



Girls Soccer

- August 28th @ 3:15pm - Tryouts
- September 3rd & 5th @ 3:15pm – Tryouts/Practice

All practices take place on the west soccer field.



Girls soccer is a popular sport at Robert Thirsk. This year we plan to field one combined team of Grade 10, 11 & 12 students. Girls soccer is a strong program that has moved from Division 4 to Division 2 over the past two seasons. An effort will be made to field a team with a balance of students from each grade.

Please email Dan Benavides (dfbenavides@cbe.ab.ca) with any specific questions regarding girls soccer



Football

- Fall Camp Equipment Pickup: August 23rd, 2pm-3pm
- Fall Camp Starts – August 26th 3pm

Fall camp will take place on the north football field.

.



As much as we love winning at Robert Thirsk, safety is, and always will be our top priority. Football is a program where there is a position for all body types, experience levels and abilities. Please know, that many of our players are trying football for the first time each year, so students should not be afraid to give football a try at any age or grade.

Please email Zach Rensby (zprensby@cbe.ab.ca) with any specific questions regarding football



Volleyball

Senior Volleyball:

- August 26th, 27th & 28th @ 3:15pm – Open Gym for senior (Grade 11 & 12) boys and girls
- August 29th & 30th @ 3:15pm – Official tryouts for senior (Grade 11 & 12) boys and girls

Junior Volleyball:

- September 3rd @ 3:15pm – First official Tryout for junior (Grade 10 & 11) boys and girls



Volleyball a highly rewarding program to be involved with at Robert Thirsk.

Robert Thirsk volleyball teams are competitive throughout the city. Our girls teams are a staple in Division 1 while our boys are consistently at the top of Division 2.

All of our teams play multiple tournaments and travel for one out of town tournament each season. The energy and excitement of the games and being part of an incredibly supportive team environment make

Contact Information:

- | | |
|------------------------|---|
| • Senior Girls: | Stephanie Issler (siissler@cbe.ab.ca) |
| • Senior Boys: | Jodi Gentile (jngentile@cbe.ab.ca) |
| • Junior Girls: | Erik Stevenson (ejstevenson@cbe.ab.ca) |
| • Junior Boys: | TBD (Immacwilliam@cbe.ab.ca) |